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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

August 14, 2003

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Iron PlexTM supplements under the PhysioLogics brand name:

Ingredients: Vitamin C, Folic Acid, Vitamin B-12, Iron

- Supports Energy Utilization
- As an important dietary source of Iron, Iron PlexTM contains Iron Bis-Glycinate, a well tolerated form of Iron that is gentle to your system.
- Iron is a necessary component of hemoglobin, the oxygen carrier in the blood.
- Iron is also important for energy utilization.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

_Sincerely,

Joanne DeCandia, MS, RD

Director of Nutrition Communications

JD/dc

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